THE BRITISH SOCIETY OF REHABILITATION MEDICINE **GUIDELINES**



The British Society Rehabilitation Medicine (BRSM) defines rehabilitation as:

the process of assessment, treatment and management by which the individual (and their family/carers) are supported to achieve their maximum potential for physical, cognitive, social and psychological function, participation in society and quality of living.

In the last twenty years, rehabilitation services have developed into a 3 tier structure: Level 1, Level 2 and Level 3. These definitions were adopted in England in particular. Under the NHS contract procedures, units are "signposted" as to their status. Below are the definitions of each of the three Levels and how The Huntercombe Group's services are categorised as:

Level 1

Level 1 services or tertiary "specialised" rehabilitation services are high cost/low volume services which provide for patients with highly complex rehabilitation needs that are beyond the scope of their local and district specialist services

Frenchay Brain Injury Rehabilitation Centre (BIRU)

Blackheath Brain Injury Rehabilitation Centre - Thameside

Level 2

Level 2 Services are led or supported by a consultant trained and accredited in Rehabilitation Medicine, working both in the hospital and the community setting. This level is further sub-divided into level 2a and level 2b depending upon the population it serves and the patients' needs. Level 2a serves an extended local population and support patients with highly complex needs whereas a level 2b service serves a local population for patients with less complex needs.

Level 2a

Blackheath Brain Injury Rehabilitation Centre - Heathside

Level 3

Level 3 Services are local non-specialist rehabilitation teams providing general multi-professional rehabilitation and therapy support for a range of conditions in the context of acute services, intermediate care or community services. This level is further sub-divided into level 3a and 3b. Level 3a is supported by consultants in specialisms other than rehabilitation medicine for patients with less complex needs and level 3b is often led by non-medical staff.

Using the BSRM descriptors above, we consider that the units below would be comparable as follows:

Level 2a

Murdostoun Brain Injury Rehabilitation Centre

Level 2b

Hothfield Brain Injury Rehabilitation Centre

Nottingham Brain Injury and Neurological Care Centre - Millwood Unit

Stockbridge Brain Injury and Neurological Care Service

Our neurological care services are Specialist Nursing Home Care for people with Complex Neurological Disability as per the BSRM guidelines.

