

Your guide to

Hothfield Brain Injury Rehabilitation and Neurological Care Centre



At Hothfield Brain Injury Rehabilitation and Neurological Care Centre, we offer rehabilitation, care and support for adults with a brain injury or other neurological condition. We provide short-term inpatient, residential and outpatient services.

Located on the outskirts of the village of Hothfield, our centre is just four miles from the busy town of Ashford. Set within the 12 acre grounds of a manor house, we provide specialist rehabilitation for people in the early stages of recovery from a brain injury right through to residential care. Our service is for adults (18+), both male and female, who are medically stable with neurological difficulties arising from a range of conditions including:

- **Acquired and traumatic brain injury**
- **Stroke**
- **Infection including encephalitis**
- **Multiple Sclerosis**
- **Guillain-Barre Syndrome**
- **Epilepsy**
- **Spinal Injury**

The team at Hothfield are also experienced at managing associated needs, such as specialist spasticity management, PEG feeds and skin integrity problems. Our centre is split into two inter-connecting units, each offering a different service: a neurorehabilitation unit and a neurological care unit.



Neurorehabilitation Unit

The setting for our neurorehabilitation service is a purpose-built unit. Along with 15 en-suite bedrooms there are two apartments, a hydrotherapy pool, gym and therapy kitchen. We offer active, short-term (approximately 12 weeks) rehabilitation for individuals who have significant physical, speech, functional or cognitive needs that require specialist multidisciplinary neurorehabilitation. Individuals each have identified rehabilitation goals and are provided with a structured therapy programme to help them relearn and practise functional movements and everyday skills to give them the best chance of a return back home.

Neurological Care Unit

This service is located in the original manor house and is suitable for those individuals who, as a result of their brain injury, are not able to live at home independently. Whilst they may not have complex nursing care needs or require regular therapy, they do need round the clock support to manage everyday tasks, to keep safe and to have a good quality of life. Our multi-disciplinary team regularly review each individual and support their care planning.

Overview

32 beds

- CQC registered and rated as "good" overall (September 2017)
- On site multi-disciplinary team
- Weekly visits by holistic therapist
- Person-centred care planning and goal-orientated rehabilitation
- Evidence-based practice and use of routine outcome measures (UKROC dataset)
- Hydrotherapy pool
- Gym
- Therapy kitchen
- Other therapy rooms
- Two independent living apartments to practise daily living skills
- Large communal living spaces
- WiFi throughout
- Extensive gardens
- Therapeutic and social activities and events programme for patients
- Company vehicles for appointments/outings

Our Care

Our multi-disciplinary team use person-centred care planning and work closely together to create bespoke therapy and care programmes based on the needs of each individual. Individuals are encouraged to get involved in their care planning and to be as independent as possible.

Our on-site multi-disciplinary team includes nursing, physiotherapy, speech and language therapy, occupational therapy, clinical psychology and rehabilitation assistants. The team is further supported by weekly sessional visits from a Consultant in Rehabilitation Medicine and a GP ward round.

Your care is also supported by our Centre Manager, an activity co-ordinator and a team of housekeeping, catering, maintenance and administration staff.

We hold regular review meetings to monitor each individual's progress and we use standardised outcome measures to chart each person's improvement.

Enquiries & Referrals

Monday to Friday

8.30am - 4.30pm

01233 643272

hothfield@huntercombe.com

"We can all see a significant improvement in his outlook and demeanour... He's become more cheerful and determined to 'fight' for a full recovery"

- Patient Family Member



"The established staff team delivered care with consideration and kindness in a warm, friendly atmosphere"

- CQC , September 2017

Contact us



Hothfield Brain Injury Rehabilitation and Neurological Care Centre

Bethersden Road, Hothfield, Ashford, Kent TN26 1EL

Location

- Located in rural location on the outskirts of Hothfield
- Four miles from Ashford town centre, a 15 minute drive
- Ashford International and Charing stations both close by
- Gatwick airport, 60 miles
- Ample on-site free parking

the huntercombe group

Believing and achieving together

The Huntercombe Group is one of the UK's leading independent specialist health care providers in the areas of:

- Adult Mental Health
- Specialist Brain Injury
- Child and Adolescent Mental Health Services (CAMHS)

For more information on our hospital and our services, please visit our website:

www.huntercombe.com

or follow us on:   