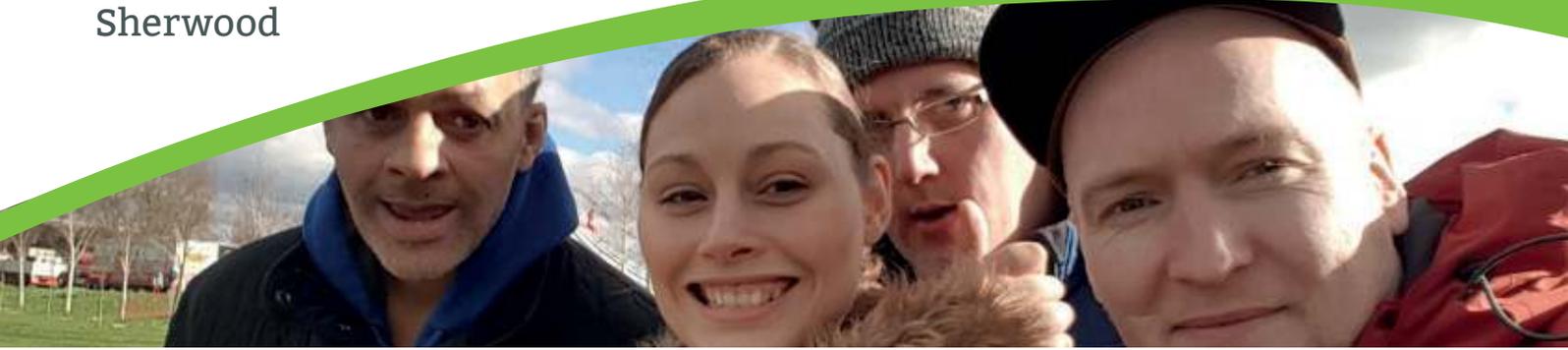


Your guide to

The Huntercombe Centre Sherwood



The Huntercombe Centre Sherwood is a specialist nursing home providing supportive rehabilitation for adults, both men and women, with a Learning Disability and/or mental health diagnosis.

With a 24 hour on-site nursing team, we are also able to support individuals with physical health conditions.

Situated in quiet suburb close to Nottingham City Centre, we offer a supportive, safe, therapeutic and structured environment conducive to the well-being of our residents. Most of our residents stay with us for a short period of time before moving on. However some residents stay with us longer-term. We also offer respite care. Our service is suitable for men and women over the age of 18 diagnosed with:

- **A mental health condition**
- **A mild learning disability**
- **Either of the above with a forensic history or historical substance or alcohol related difficulties**

We accept residents who are 'informal' or who are on a supervised community treatment order, guardianship, conditional discharge order or deprivation of Liberty Safeguarding order (DoLS).

Our primary focus is rehabilitation. Individuals staying with us are given the freedom and support to make their own life choices and decisions so that they can lead happier, more fulfilling lives. Within our structured environment, we help each resident develop the key skills needed to undertake everyday tasks such as shopping and cooking.



Encouraging regular participation in meaningful activities such as leisure activities, education and, wherever possible, employment opportunities helps reduce the likelihood of relapse.

Our stable and dedicated team promote autonomy and independence through collaborative working with each individual, using community living as the blue print. Not only do we encourage residents to contribute and make decisions about their care plans, risk management tools and daily activities but also in relation to the wider service such as championing different aspects of the service and getting involved in service improvements.

If they wish residents can work alongside our catering, housekeeping and maintenance staff to further build on skills and confidence and experience 'real' working life as part of their therapeutic journey. Individuals also have the opportunity to move into a one bedroom flat. This gives residents the opportunity to truly experience living independently, safe in the knowledge that help and support is close at hand should they need it.

Overview

18 beds all ensuite

- CQC registered and rated overall as "good"
- 24 hour nursing care and support
- Person-centred care planning incorporating Positive Behaviour Support (PBS)
- Four one-bedroom flats
- Spacious communal areas and lounges
- Activity space with large pool table
- Training kitchen to develop daily living skills
- On site pets including a rabbit and fish
- Landscaped gardens
- In-house work experience
- Community integration and social inclusion
- Minibus for outings/appointments

Our Care

Our centre is managed by a CQC registered manager who is supported by a team dedicated to giving the best care and support to our residents.

Our service is staffed 24/7 by specialist nurses.

Our nurses, support workers and activity co-ordinators are experienced in working with adults with a mental health and/or learning disability diagnosis and in managing behaviours of concern.

We make sure that all residents have access to external medical professionals including speech and language therapy, psychology, psychiatry, social worker, alcohol and substance recovery services, general practitioners, and other specialists, for example diabetes and weight management, dentists, opticians and chiropodists.

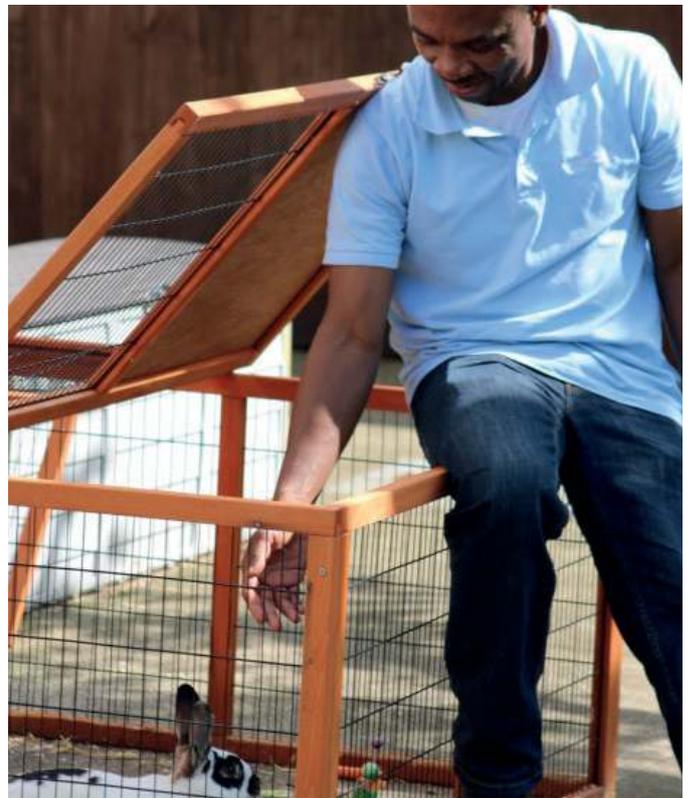
Enquiries & Referrals

Monday to Friday

9.00am - 5.00pm

0115 924 6220

sherwood@huntercombe.com



"Thank you, thank you, thank you from the bottom of my heart. You have shown such great care for my brother"

-Family Member, Huntercombe Sherwood

Contact us



The Huntercombe Centre Sherwood

8 First Avenue, Sherwood Rise, Nottingham NG7 6JL

Location

- Close to Nottingham City Centre
- Just six miles from the M1 motorway
- Nottingham railway station is a ten minute drive
- East Midlands airport is 35 minutes away by car
- Free on-site parking

the huntercombe
group
Believing and achieving together

The Huntercombe Group is one of the UK's leading independent specialist health care providers in the areas of:

- Adult Mental Health
- Specialist Brain Injury
- Child and Adolescent Mental Health Services (CAMHS)

For more information on our hospital and our services, please visit our website:

www.huntercombe.com

or follow us on:   