

# Your guide to Riverside Care Centre



**Riverside is a specialist residential care home offering 24 hour support and care to adults with a learning disability and/or mental health diagnosis.**

**We can also accommodate individuals with complex needs and/or physical disabilities.**

Situated in a quiet, pleasant part of Kingswinford, near Dudley in the West Midlands, Riverside Care Centre offers a home-from-home environment for both men and women who need support and general help with everyday living tasks.

Our centre comprises three two-storey houses, each of which has eight en-suite bedrooms, a kitchen, living and dining spaces. With easy access to both Dudley and West Bromwich, there are always plenty of opportunities to access a wide range of local amenities. Our service is suitable for men and women over the age of 18 diagnosed with:

- A mental health condition
- A mild learning disability
- Complex needs or physical disability

Our primary focus is to encourage independence and to promote self-esteem. Individuals staying with us are given the freedom and support to make their own life choices and decisions so that they can lead happier, more fulfilling lives.



We support each resident to develop key skills needed to undertake everyday tasks such as shopping and cooking. We also help our residents to learn coping strategies to help them live with or overcome the challenges posed by their illness or condition.

Developing skills not only builds confidence but also encourages self-esteem. That's why we don't just focus on self care and daily living skills, we also look at building confidence through the learning of new skills such as arts and crafts, gardening or computer skills and community engagement.

All our residents are encouraged to contribute to and make decisions about their care plans, risk management tools and daily activities. Residents are also involved in relation to the wider service such as championing different aspects of the service and getting involved in service improvements.

## Overview

### 24 beds all en-suite

- CQC registered and rated overall as "good"
- 24 hour care and support
- Person-centred care planning incorporating Positive Behaviour Support (PBS)
- Three two-story houses with spacious communal areas
- Activity spaces
- Training kitchen to develop daily living skills
- Landscaped gardens
- In-house work experience
- Community integration and social inclusion
- Minibus for outings/appointments

## Our Care

Our centre is managed by a registered manager who is supported by a team dedicated to giving the best care and support to our residents.

Our service is staffed 24/7. Each house has its own dedicated team and team leader.

Our team of carers, support workers and activity co-ordinators are experienced in working with adults with a mental health and/or learning disability diagnosis and in managing behaviours of concern.

We make sure that all residents have access to external medical professionals including speech and language therapists, psychologist, psychiatrist, social worker, alcohol and substance recovery specialists, general practitioners, and other specialists, for example diabetes and weight management specialists, dentists, opticians and chiropodists.

## Enquiries & Referrals

Monday to Friday

9.00am - 5.00pm

**01384 404233**

**riverside@huntercombe.com**

*"People were supported in a friendly environment that was warm and nice. Staff were caring and kind towards people"*

*- CQC, December 2016*



*"Just wanted to let you know we visited yesterday and I'm very pleased with how he is presenting. He ate perfectly and was in a great mood...Thank you to the whole team who care for him"*

*- Family Member, Riverside*

## Contact us



### Riverside Care Centre

Wolverhampton Road, Kingswinford, West Midlands  
DY6 7DA

### Location

- Located in a quiet, pleasant location in
- Kingswinford, near to Dudley, Wolverhampton and Telford
- Around 10 minute drive from Dudley on the B4176
- Nearest train station is Stourbridge Town on the London Midland line
- Birmingham Airport is 30 miles away
- On site free parking

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- Adult Mental Health
- Specialist Brain Injury
- Child and Adolescent Mental Health Services (CAMHS)

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