

Your guide to

Huntercombe Hospital Roehampton



The Huntercombe Hospital Roehampton in South London is a purpose-built Psychiatric Intensive Care Unit (PICU) for adult men and women detained under the Mental Health Act 1983 (2007).

We provide high quality psychiatric intensive care in a clinically safe, caring and secure environment, supporting the NHS when intensive care needs cannot be met locally.

We offer bespoke treatment programmes which are designed to recognise each individual's unique strengths and needs as well as risks. Specific emphasis is placed on providing emergency short- term care and treatment for mental illness. We are fully committed to maintaining our average length of stay to be shorter than the national average for a PICU in England and Wales.

We can accept PICU referrals at any time of the day or night including weekends and Bank Holidays. Our expert team can undertake a full assessment over the telephone and will make the decision to admit to our hospital within 60 minutes of receipt of completed referral documentation. We can also arrange transportation if required.

Our Services

- **14 bedded PICU ward for men** experiencing mental crisis with particularly complex needs and extreme challenging behaviour.
- **14 bedded PICU ward for women** experiencing mental health crisis with particularly complex needs and extreme challenging behaviour.
- **11 bedded PICU ward for women** experiencing a mental health crisis with complex and extreme challenging behaviour.

Our two female PICU wards work in close collaboration to provide the best therapeutic environment for each individual patient's needs.

Each of our three wards has its own highly experienced clinical team led by a Consultant Psychiatrist and comprising a full-time Specialty Ward Doctor, Mental Health Nurses, Psychologists, Occupational Therapist and Social Workers.

Who Is Our Service For?

Our service is suitable for men and women who are detained under the Mental Health Act and who are experiencing:

- An unexplained psychotic episode
- Drug induced psychoses
- Severe depression with suicide risk
- Challenging behaviour as a result of other mood disorders
- A relapse of an Axis I type disorder such as mania or schizophrenia
- Personality disorder or mild borderline intellectual disability combined with other Axis I type diagnoses
- Other organic acute episodes requiring intensive care
- Mild dementias but who require management in an intensive care environment
- An increase in risky behaviours such as absconding, self-harm, suicide attempts, arson, violence and aggression, sexually inappropriate behaviour

We can also admit patients who require detoxification from alcohol or drugs and patients who are under a Community Treatment Order (CTO) which has been revoked.

Overview

39 beds

- Care Quality Commission (CQC) registered
- Dynamic Consultant-led multi- disciplinary teams serving specific wards
- Clinical teams complemented by Clinical Psychologists, Occupational Therapists, Social Workers and Art Psychotherapist
- High staff to patient ratio providing individual and group therapies
- Dedicated PICU units for crisis admissions
- Dedicated telephone referral numbers for 24/7 referrals
- Range of high quality therapies available
- Bespoke de-escalation seclusion suite
- Fully-equipped gym and enclosed sports area
- Strong connections with local universities for student placements and training
- Good links with The Royal College of Psychiatrists
- Remote physical health monitoring for high risk patients

Our Care

Every patient who enters our service is treated as an individual with their own very specific, and often complex needs or challenging behaviours. We take a collaborative approach, responding to patients, their families, commissioners and other professionals to quickly manage the crisis that has led to the need for a PICU admission. Our teams provide a high level of support and supervision by creating individualised treatment packages in a safe, therapeutic, low stimulus setting.

Complemented by our unique patient- focussed risk assessments and relapse prevention work and an individually structured care pathway, our ethos is for patients to achieve crisis resolution and stability so that they can progress to a less restrictive environment as soon as they are able. Support is provided for transition towards community reintegration (where appropriate).

As well as mental health needs, our clinical teams also look after patients' needs in relation to their physical health, self-care, living skills and social needs.

Enquiries & Referrals

Monday to Friday 9am - 5pm:

0208 780 6155

All other times including weekends and bank holidays:

0330 660 5555

roehampton@huntercombe.com

"Thank you for looking after me and helping me on my road to recovery"

Patient, August 2019

"Just a big thank you to all the amazing staff on this ward that have been like angels to me. I can't thank you all enough"

Patient, September 2019



Contact us



Huntercombe Hospital Roehampton

Holybourne Avenue, London, SW15 4JD

Location

- Located just off the A306, 4 miles from Richmond, 9 miles from central London. Nearest tube station is East Putney
- South West trains run from Barnes, Mortlake or Putney
- Bus stops for the 85, 493, 72, 430 and 265 are all nearby
- Heathrow Airport is a 45 minute drive
- Free parking

the huntercombe group
Believing and achieving together

The Huntercombe Group is one of the UK's leading independent specialist health care providers in the areas of:

- Adult Mental Health
- Specialist Brain Injury
- Child and Adolescent Mental Health Services (CAMHS)

For more information on our hospital and our services, please visit our website:

www.huntercombe.com

or follow us on:   